2027
NDIS Programs of Support



SWDS
South West Disability Services

TAFE VICTORIA

SOUTH WEST TAFE

How to join a program

South West Disability Services partners with people of all abilities and their communities to create inclusive opportunities, strengthen connections, and support lives filled with purpose and possibility.

1. Browse our programs
Choose the activities that interest you and support your NDIS goals.

2. Complete an expression of interest
Visit: swtafe.edu.au/ndis
or contact our team directly.

accessibility.support@swtafe.edu.au
SWTAFE Warrnambool Campus

3. We will contact you
Our team will discuss your support needs, preferred programs and availability before confirming your schedule.



WHAT TO BRING

- Water bottle
- Packed lunch and snacks
- Comfortable clothing
- Closed toe shoes
- Hat and sunscreen
- Spending money for community activities (if required)
- Myki/transport card (where applicable)
- Communication devices or personal supports

WHAT TO EXPECT

- Build new friendships
- Learn practical life skills
- Access your community
- Increase confidence and independence
- Work towards your NDIS goals
- Have fun in a safe and supportive environment

New Here?

The first step for all new participants is to complete an intake process and submit required documentation before commencing programs

What you need to know

PARTICIPANT RATIOS

Programs are delivered using the support ratio funded within your NDIS plan. Availability may vary based on participant numbers and support requirements. Our programs are suitable for individuals who can be supported in a small group, typically with a staff to-participant ratio of 1:3, though if you require more individualised support, such as a 1:1 or 1:2 ratio, please contact us to discuss your specific needs.

MERGE DAYS

Occasionally groups may combine to support safe staffing ratios and create meaningful opportunities for social connection. If you would like advance notice where possible, please speak with our Team Leader.

NDIS FUNDING

Support costs may be claimed against your NDIS plan in line with current NDIS pricing arrangements. A Service Agreement and Schedule of Supports will be provided prior to commencement.

PARTICIPANT CONTRIBUTIONS AND OUT-OF-POCKET EXPENSES

Participant contributions and out-of-pocket expenses cover activity resources and materials not funded through the NDIS. We try and keep these as low as possible but sometimes they are necessary. All out-of-pocket costs must be paid at the start of each term.

Payment plans are available.

WAITING LISTS

Some programs may reach capacity. Where possible, we will offer alternative program options or add your name to a waiting list.

PROGRAM CHANGES

Programs may change due to weather, venue availability, community events, participant numbers, and staffing requirements. We will inform you of any changes as soon as possible.





2027 Key Dates

TERM 1

Monday 1 February – Friday 2 April (9 Weeks)

STRIVE program: Monday 5 April – Friday 9 April (1 Week)

TERM 2

Monday 12 April – Friday 25 June (11 Weeks)

STRIVE program: Monday 28 June – Friday 9 July (2 Weeks)

TERM 3

Monday 12 July – Friday 17 September (10 Weeks)

STRIVE program: Monday 20 September – Friday 24 September (1 Week)

TERM 4

Monday 27 September – Friday 3 December (10 Weeks)

STRIVE program: Monday 6 December - Friday 17 December, restart 4 January 2028

CLOSURE DATES

Our programs are offered Monday to Friday throughout the year, however we do have closures during public holidays and over the Christmas break.

CHRISTMAS CLOSURE

Last day of programs for 2027 will be Friday 17 December. Programs will resume with STRIVE in early January 2028 (date to be confirmed).

PUBLIC HOLIDAYS

We will be closed on the following public holidays in 2027:

- **Friday 1 January** - New Years Day
- **Tuesday 26 January** - Australia Day
- **Monday 8 March** - Labour Day
- **Friday 26 March** - Good Friday
- **Monday 29 March** - Easter Monday
- **Thursday 6 May** – Warrnambool Cup
- **Monday 14 June** - King's Birthday
- AFL Grand Final Public Holiday (date to be confirmed with AFL schedule)

All dates are accurate at the time of publishing, but may be subject to change.

Our 2027 programs

Monday	Tuesday	Wednesday	Thursday	Friday
Swimming See page 6	**Gym Goers** See page 10	**Skill Builder: Cooking** See page 12	**Move Your Body** See page 17	**Gardening & Wellbeing** See page 21
Science Lab See page 9	**Skill Builder: Cooking** See page 12	**Communication & Connection** See page 14	**Industry Connect** See page 19	**Art Studio** See page 15
Gameshow Showdown See page 8	**Performance and Dance** See page 11	**Art Studio** See page 15	**Choose Your Style** See page 18	**On the Move** See page 13
Tech Station See page 7	**On the Move** See page 13	**Outdoor Pathways** See page 16	**My World & Me** See page 20	

HOLIDAY PROGRAM

Our STRIVE Program is designed to break up the term and provide meaningful social opportunities, participants can choose from two activities each day, including a community adventure and a campus-based option. With experiences to suit different interests and activity levels, STRIVE is all about fun, friendship, and making the most of your time away from the usual routine.

See page 22 for more information.



Swimming

Join us for a fun and active day at the pool!

Participants will enjoy swimming, connecting with others and building confidence in the water while staying active and exploring the community in a supportive environment.

You may like this program if you:

- enjoy swimming and being active
- like socialising with others
- enjoy getting out in the community

When:

Mondays 9am - 3pm



Program Costs:

$30 per term

Cash or card required for additional daily costs including public transport, entry and activities to be covered by the participant. Alternatively, an aqua zone membership may be beneficial for engagement with this program.

Program Goals

- Increase social and community participation
- Improve fitness and wellbeing
- Build water safety awareness

Tech Station

Create, explore and connect through technology.

Tech Station is a hands-on program designed for participants who are curious about the digital world. Explore computers, smartphones, websites, apps and digital media while building confidence using technology in everyday life. Participants will have opportunities to create digital content, learn online safety skills, solve problems and discover new ways technology can support communication, learning and independence.

You may like this program if you:

- want to learn more about technology
- like using computers
- want to create forms of digital media
- like staying on-campus



When:

Mondays 9am - 3pm

Program Costs:

$50 per Term

Program Goals

- Increase technology and digital literacy skills
- Develop cyber safety awareness
- Encourage creativity and problem solving
- Support teamwork and peer learning

Game Show Showdown

Bringing favourite game shows to life through teamwork, creativity and friendly competition.

Step into the spotlight and experience the excitement of your favourite TV game shows! From trivia challenges and spelling bees to family feud-style competitions and creative team games, participants will work together to plan, prepare and host a range of engaging game show experiences. Build confidence, communication skills and teamwork while having fun, sharing ideas and cheering each other on. Whether you're behind the scenes creating props or taking centre stage as a contestant, there's a role for everyone in Game Show Showdown!

You may like this program if you:

- prefer to stay on-campus
- want to build confidence speaking in front of others
- enjoy preparing props and creative resources
- enjoy quizzes and games



When:

Mondays 9am - 3pm

Program Costs:

$50 per term

Program Goals

- Build on speaking and communication skills
- Increase literacy and problem solving skills
- Develop social connections with peers

Science Lab

Experiment, discover and explore the wonders of science.

Science Lab is a hands-on program designed for curious minds who love to explore how things work. Participants will investigate a range of scientific concepts through exciting experiments, creative challenges and practical activities in a safe and supportive environment. From chemical reactions and engineering challenges to discovering the world around us, every session offers opportunities to ask questions, test ideas and learn something new while having fun.

You may like this program if you:

- enjoy hands-on activities and experiments
- like learning how things work
- enjoy problem-solving and thinking creatively
- prefer a program that is mostly based on campus



When:

Mondays 9am - 3pm

Program Costs:

$50 per Term

Program Goals

- Develop problem-solving and critical thinking skills
- Build teamwork and collaboration skills
- Encourage curiosity and scientific discovery
- Increase confidence through hands-on learning

Gym Goers

Experiment, discover and explore the wonders of science.

Gym Goers is a fun and active program designed to support participants to develop healthy routines and increase their physical wellbeing. Through regular gym sessions, participants will learn how to use equipment safely, explore different types of exercise and build confidence in a gym environment. The program encourages participants to set personal goals, stay active and enjoy the benefits of movement while engaging with their local community.

You may like this program if you:

- like being accessing the community
- enjoy being active and keeping fit
- want to build healthy habits
- enjoy working towards personal goals



When:

Tuesdays 9am - 3pm

Program Costs:

$100 per term

Program Goals

- Increase physical activity and wellbeing
- Build healthy habits and routines
- Encourage community participation

Performance & Dance

Shine, create and perform with confidence.

Explore your creative side through dance, drama, music, singing and performance. Participants will have the opportunity to express themselves, try new performing arts experiences and develop their skills in a fun and supportive environment. Whether you're stepping into the spotlight, learning a new routine or working behind the scenes with costumes and creative design, there's something for everyone to enjoy.

You may like this program if you:

- like being on campus mostly
- enjoy music, dance or performing
- like being creative and trying new things
- want to build confidence and social skills



When:

Tuesdays 9am - 3pm

Program Costs:

$80 per term

Program Goals

- Build confidence through performance
- Develop teamwork and communication skills
- Increase social connection

Skill Builder: Cooking

Mix, create and discover the joy of cooking!

From tasty treats to everyday meals, this hands-on program is all about building confidence in the kitchen while having fun. Participants will explore new recipes, learn practical cooking techniques, develop kitchen safety skills and gain experience with meal planning and budgeting. Whether you're trying something new or building on existing skills, this program offers a supportive and social environment where participants can cook, learn and share meals together.

You may like this program if you:

- enjoy cooking or trying new foods
- want to build independence and everyday life skills
- enjoy learning with others
- prefer a program that stays on campus



When:

Tuesdays & Wednesdays 9am - 3pm

Program Costs:

$100 per term

Program Goals

- Build confidence and independence in the kitchen
- Develop safe food preparation skills
- Learn meal planning and budgeting basics
- Increase social connection through shared cooking experiences

To ensure participant needs can be catered for, any dietary requirements, allergies, intolerances or food modifications must be advised at the time of program selection.

On The Move

Getting out, getting active and getting connected.

On The Move is an active, community-focused program designed for participants who enjoy getting out and about, trying new experiences and building independence. Participants will explore local services, businesses, community spaces and recreational opportunities throughout the South West region while developing confidence in navigating the community. Through regular community outings, participants will build transport knowledge, practice road safety skills and learn strategies to travel safely and independently.

You may like this program if you:

- enjoy being active and in the community
- like trying new places and experiences
- want to build confidence and independence



When:

Tuesdays & Fridays 9am - 3pm

Program Costs:

$80 per term

Cash or card required for additional daily costs including public transport, entry fees and activities. These costs are to be covered by the participant.

Program Goals

- Build transport and travel skills
- Increase road safety awareness
- Develop confidence and independence in the community
- Enhance community participation and social connection

Communication & Connection

Building confidence through communication and connection.

Communication & Connection is a fun and engaging program designed to help participants build confidence, strengthen communication skills and develop meaningful connections with others. Through a mix of on-campus activities and community experiences, participants will practise verbal and non-verbal communication, develop social skills and explore real-world opportunities to build independence. Whether it's working as part of a group, accessing the community or developing everyday life skills, this program provides plenty of opportunities to learn, connect and have fun.

You may like this program if you:

- enjoy both on-campus and community-based activities
- want to build confidence communicating with others
- would like to develop everyday life skills and independence
- enjoy socialising and making new connections



When:

Wednesdays 9am - 3pm

Program Costs:

$50 per term

Program Goals

- Build communication and social skills
- Increase confidence and independence
- Develop positive relationships and social connections
- Strengthen participation in community and everyday activities

Art Studio

From paint and textiles to crafts and creative projects, there's always something new to create

Art Studio is a hands-on program where participants can explore their creative side while learning new skills and expressing themselves through art. With opportunities to try a variety of materials, techniques and project styles, no two sessions are the same. Whether you're painting, crafting, creating textiles or designing something completely unique, this program encourages imagination, creativity and confidence in a fun and supportive environment. Participants will also have opportunities to showcase their creations and celebrate their achievements throughout the year.

You may like this program if you:

- enjoy arts, crafts and creative projects
- like making things with your hands
- enjoy trying new activities and techniques
- prefer a program that stays on campus



When:

Wednesdays & Fridays 9am - 3pm

Program Costs:

$80 per term

Program Goals

- Develop creativity and self-expression
- Build fine motor and practical art skills
- Increase confidence through creative achievement
- Develop safe practices when using art materials and equipment

Outdoor Pathways

Hiking, camping and other outdoor skills practiced with hands-on activities in the community.

This program will explore various aspects of camping and outdoor skills, including use of local campsites, hiking trails and skill development regarding outdoor safety, camp equipment setup, and community-based independence.

You may like this program if you:

- like getting outside
- enjoy being active
- prefer hands-on practical activities



When:

Wednesdays 9am - 3pm

Program Costs:

$100 per term

Program Goals

- Develop outdoor skills
- Improve physical fitness
- Increase socialisation and team work

Choose Your Style

Create, customise and express your unique style through fashion and creativity.

Choose Your Style is a fun and creative program where participants can explore fashion, design and self-expression. Through hands-on projects, participants will experiment with colour, accessories, textiles and recycled fashion while bringing their ideas to life. Whether you're creating something bold and unique or discovering your personal style, this program encourages creativity, confidence and individuality in a supportive and welcoming environment.

You may like this program if you:

- like to stay on campus
- enjoy fashion, creative projects and expressing yourself
- enjoy making things with your hands
- want to build confidence and learn new skills



When:

Thursdays 9am - 3pm

Program Costs:

$80 per term

Program Goals

- Build confidence through self-expression and creativity
- Develop design, textile and fine motor skills
- Explore personal style and creative thinking
- Develop safe practices when using tools and materials

Industry Connect

Explore opportunities, build workplace skills and prepare for your future.

Industry Connect is designed for participants who are interested in volunteering, employment pathways and developing practical skills for the workplace. Through hands-on experiences, community engagement and skill-building activities, participants will explore different industries, discover their strengths and build confidence in a range of work-ready skills. From hospitality and customer service to volunteering opportunities and workplace expectations, this program helps participants take positive steps towards achieving their future goals while building meaningful community connections.

You may like this program if you:

- are interested in volunteering or future employment opportunities
- want to build confidence and workplace skills
- enjoy community-based learning and experiences
- want to increase your independence



When:

Thursdays 9am - 3pm

Program Costs:

$50 per term

Program Goals

- Develop work-ready and employability skills
- Build confidence and independence
- Explore volunteering, employment and community opportunities
- Strengthen communication and professional skills

Move Your Body

Get moving, try something new and discover fun ways to stay active.

Move Your Body is an active program designed for participants who enjoy movement, fitness and getting out into the community. From gym sessions and walking groups to sports, games and recreational activities, participants will have opportunities to explore a variety of ways to stay active while building confidence and healthy habits. Whether you're trying a new sport, improving your fitness or simply enjoying being part of a team, this program is all about having fun through movement

You may like this program if you:

- like getting active in the community
- want to build your fitness
- want to try new sports and exercises



When:

Thursdays 9am - 3pm

Program Costs:

$100 per term

Program Goals

- Increase physical activity and overall wellbeing
- Build healthy habits and active lifestyles
- Explore a variety of sports, recreation and fitness activities

My World and Me

Discover yourself, explore the world and embrace new experiences.

My World & Me is a fun and engaging program that combines self-discovery with cultural exploration. Participants will explore their identity, strengths, values and goals while learning about different cultures, traditions and ways of life from around the world.

Through hands-on activities, community experiences and opportunities to connect with others, participants will build confidence, celebrate diversity and develop a greater understanding of themselves and the world around them.

You may like this program if you:

- are curious about the world and different cultures
- want to explore your strengths, interests and goals
- enjoy learning and sharing experiences with others
- prefer a program that is mostly based on campus



When:

Thursdays 9am - 3pm

Program Costs:

$50 per term

Program Goals

- Build self-awareness, confidence and personal identity
- Explore different cultures, perspectives and ways of life
- Develop social connections and communication skills Encourage independence and personal growth

Gardening and Wellbeing

Growing gardens, confidence and wellbeing.

Discover the benefits of spending time in the garden while exploring practical ways to support your wellbeing. Based primarily on campus, participants will have opportunities to learn gardening skills, care for plants and enjoy the satisfaction of watching something grow. Along the way, the program will explore self-care, mindfulness and positive wellbeing practices through hands-on activities. In a relaxed and supportive environment, participants can build confidence, connect with others and enjoy the many benefits of spending time outdoors.

You may like this program if you:

- like hands-on activities
- like being outdoors
- enjoy calm, sensory experiences
- want to expand your knowledge of growing plants



When:

Fridays 9am - 3pm

Program Costs:

$80 per term

Program Goals

- Build self-awareness and wellbeing skills
- Encourage social connection
- Learn about plants and the environment

STRIVE

Stay connected, explore new opportunities, and make the most of the time between terms.

Our STRIVE Program is designed to break up the term and provide meaningful social opportunities, participants can choose from two activities each day, including a community adventure and a campus-based option.

With experiences to suit different interests and activity levels, STRIVE is all about fun, friendship, and making the most of your time away from the usual routine.

You may like this program if you:

- like trying new experiences and visiting new places
- enjoy spending time with friends and meeting new people
- want to stay engaged between terms
- like a mix of community outings and campus-based activities

STRIVE activity schedules are distributed in both hard copy and digital formats towards the end of each term. Activity selections and RSVPs are generally due two weeks prior to the commencement of each STRIVE period, unless otherwise specified. If no RSVP is received, attendance will be scheduled as per the agreed Service Schedule.

When:

Selected dates between scheduled terms throughout the year

Program Costs:

$5 per day of engagement

Program Goals

- Maintain routine and engagement throughout the year
- Build social connections and friendships
- Increase confidence and independence
- Explore new experiences and community opportunities
- Have fun in a supportive group environment




YETI
AFL
Ford





FOR MORE INFORMATION PLEASE CONTACT:

Accessibility Services,
SWTAFE Warrnambool Campus

Email: accessibilityservices@swtafe.edu.au

Phone: (03) 5564 8720

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