



Tell a person you trust if someone online harasses you or wants to talk about sex.

Never post or give out personal information, of any kind on the internet.

- YAPPY Your full name; Address; Phone number; Passwords and Your plans
- Cut off contact with anyone who pressures you for this information and tell someone you trust

Avoid strangers who try to turn you against your family while promising to be your best friend (they may send you gifts and give you lots of compliments, but at the same time, they are possessive of your time and critical of your parents).

Be selective about sharing – use social media controls to control who sees your posts.

- Never exchange or share inappropriate pictures or videos of yourself or others
- Avoid sharing photos of your home/address

Avoid opening e-mails/instant messages or downloading attachments unless you know the source is reliable.

Do not provide private information to win free stuff.

Remember if someone offers you something too attractive it's most likely a trap

Do not meet with anyone you first met 'online'.

• If someone asks to meet you tell a trusted person immediately

Protect your Space - Keep your privacy settings as high as possible.

• Ensure that only friends who know you face to face can see what you post

Own your Feed – if a friend or someone you follow makes you feel bad about yourself, it might be time to unfollow or unfriend them.

• Do not hang around in Chat Rooms if someone writes or says something that makes you uncomfortable

Create passwords which are difficult to guess, using a combination of letters (lower and upper case), numbers and symbols.

- Never share your password with anyone including your best friend
- The only person who should know your passwords are your parents or guardians

Do not download or install any software without first checking.

Some applications are harmful to your device and may compromise your privacy

Limit your friend list.

- Do not add people to your social media pages just for followers
- Be aware there are fake accounts and people who lie about who they really are





Look out for things that don't add up — such as online profiles that are not consistent with what you see or hear when speaking to them.

Watch out for the warning signs

- "Is someone you haven't met sending you heaps of messages?"
- "Are they asking weird personnel questions?"
- "Are they acting like they are already your best friend?"
- "Do they keep trying to chat about things that aren't related to the game or the website?"
- "Do they ask you for Pics, perhaps claiming to be from a modelling agency?"
- "Do they offer to buy you things or give you presents
- "Do they ask you to keep secrets?"
- "Do they pressure you or get aggressive if you don't do what they want?"

Build an honest and open relationship with trusted adults and share any concerns you may have with them immediately.

The eSafety Commisioner (<u>esafety.gov.au/report</u>) and Australian Federal Police (<u>thinkuknow.org.au/about</u>) can explain how to report illegal or harmful content.

Call the police immediately if you think your child is at risk of physical harm or online grooming on 000.